ARCE MEMBER TOUR GRAND TOUR OF EGYPT MARCH 2 -19, 2023

Led by Dr. Emily Teeter

Photo by Kenneth Garett



For inquiries please contact Rebekah Atol at ratol@arce.org or 703-721-3470.



The American Research Center in Egypt (ARCE) leads an exclusive annual tour to Egypt for its members, typically between March and November every year. A pre-set itinerary has been curated featuring the best of Egypt's historic sites, previous ARCE projects, and direct access to 'movers and shakers' in the fields of Egyptology, Archaeology and Egyptian cultural heritage.

This trip will be led by Dr. Emily Teeter.



Emily Teeter, PhD, is an Egyptologist who specializes in religion, social history, art, and the history of Egyptology. She is the author of many books including *Religion and Ritual in Ancient Egypt; Baked Clay Figurines and Votive Beds from Medinet Habu;* and *The Presentation of Maat: Ritual and Legitimacy in Ancient Egypt*, as well as numerous academic and popular articles.

Emily has been associated with ARCE for many years: she is a past President, served on the Board of Governors, and is

currently the editor of the *Journal of the American Research Center in Egypt (JARCE)*. She has curated many permanent and temporary exhibits of Egyptian artifacts at the Oriental Institute Museum at the University of Chicago and in major museums in the United States. Emily has led many tours to Egypt and the Middle East.

She is currently writing a book about the history of the University of Chicago's Epigraphic Survey. She lives in Chicago.

ARCE Member's Grand Tour of Egypt Featuring special presentations by ARCE Project Managers <u>March 02 – March 19, 2023</u>

Thursday, March 02] Arrive in Cairo.

Meals Included: Dinner.

Meet and greet at Cairo Airport.

To ensure your journey is seamless from the start, our representative will meet you before passport control to assist with acquiring your visa stamps, moving through passport control, and collecting your luggage.

Later you will be transferred to the beautiful Marriott Omar Khayyam Hotel, the core of which is a palace built for the opening of the Suez Canal. Dinner and and overnight at the Marriott.

Friday, March 03 | Sakkara / Coptic Cairo

Meals Included: Breakfast / Lunch / Dinner.

Our program begins at **Sakkara**, one of the richest archaeologists sites in all of Egypt. Tombs and pyramids here date from the early Dynastic times into the Graeco-Roman era. Our special focus is on the Step Pyramid of king Djoser (Dynasty 3) that preserves invaluable information about architecture, engineering, and the cult of the pharaoh in the 27th century BC. We also visit the Serapeum, the vast catacomb for the burials of the sacred Apis bulls.

Lunch at Sakkara Palm Club.

After a late lunch, we head to Coptic Cairo, where we visit the **Hanging Church** ("al-Mu'allaqah") (4th-5th centuries AD), so-named because it was built on top of the south gate of the Roman Fortress of Babylon. We continue to the **Church of St. Sergius** (5th century AD) which is built over the cave in which the Holy Family is thought to have stayed. We then spend time at the **Coptic Museum** with its spectacular collection of manuscripts, ceramics, sculpture, and textiles that date from the earliest days of Christianity to early Islamic times.

Return to hotel and enjoy the remainder of the evening at your leisure. Dinner at Felfela Restaurant. Overnight in Cairo at the Marriott.

Saturday, March 04| Giza

Meals Included: Breakfast / Lunch / Dinner.

This morning we drive to Giza for a very exclusive briefing held between the paws of **the Great Sphinx**. Afterward, we see the Great Pyramid of Khufu (Dynasty 4), and have the opportunity to ascend to the king's burial chamber. We also visit Khafra's Valley Temple with its alabaster floors and red granite walls.

Lunch at Andrea Restaurant.

After lunch at a local restaurant, we visit either the **Grand Egyptian Museum** (GEM) or the **National Museum of Egyptian Civilization** both of which have state-of-the art exhibits.

This evening we are guests a reception at the headquarters of ARCE, meeting with Director Dr. Louise Bertini and members of her staff. Dr. Bertini will give us the most recent updates on ARCE's activities throughout Egypt. We then have dinner in a nearby Tabula Lebanese restaurant.

Return to the Marriott hotel for overight.

Sunday, March 051 Historic Cairo / Citadel / Egyptian Museum.

Meals Included: Breakfast / Lunch.

We start the day visiting the **Zawiya-Sabil Farag Ibn Barquq**, an ARCE-project. Then we view Bab Zuwayla, the southern entrance to the original Fatimid settlement of Cairo that was founded in AD 969, meeting with the manager who led ARCE's conservation project.

We continue our walking tour to the **Sabil Mohammed Ali**. This elegant sabil (public fountain) built in 1820 was the first in Cairo to have gilded window grilles and calligraphic panels. It has been meticulously restored by ARCE, and features displays about Muhammed Ali who built the Sabil to honor his deceased son Tusun. We also see the cistern below the sabil and the schoolrooms in the kuttab (Quranic School) upstairs, which welcomed students until 1992.

We continue down **el Moaz Street**, the old main boulevard of medieval Cairo, with its magnificent examples of Mamluk architecture, passing el Azhar mosque, the center of Sunni jurisprudence, and then we explore the **Khan el Khalili suq**, located within a warren of ancient buildings.

Lunch at Naguib Mahfouz Restaurant.

After a late lunch at the Naguib Mahfouz restaurant in the center of the khan, we drive to the **Citadel** built by Saladin (ca. AD 1200) where we visit the Ottoman- style mosque of Mohammed Ali.

Visit the **Egyptian Museum** in Tahrir Square to see its world-renowned collection of pharaonic art spanning the Predynastic through the Greco-Roman periods. The museum has recently been renovated by a joint European Union project. Return to our hotel and enjoy the evening at your leisure.

Return to the Marriott hotel and enjoy the remainder of the evening at your leisure. Dinner on your own. Overnight in Cairo.

Monday, March 061 Meidum, Hawara, Lahun

Meals Included: Breakfast / Lunch / Dinner.

Checkout after breakfast.

Today is devoted to visiting some of the less-visited, but very important, pyramids. Our first stop is the **Meidum Pyramid** (Dynasty 3-4), a highly experimental engineering project to create the first true pyramid. Probably begun by king Huni (3rd Dynasty), it was completed by his successor Snefru (Dynasty 4). Design flaws caused the structure to collapse sometime after its completion.

We continue to the **Hawara Pyramid** of Amenemhat III (Dynasty 12) that is built of millions of mud bricks once sheathed in limestone. Herodotus described the pyramid's enormous mortuary temple as a 3,000-room labyrinth.

Our next stop is the **Lahun Pyramid** of Senusret II (Dynasty 12). The builders of this 48meter-high pyramid reduced the amount of work necessary to construct it by ingeniously using an already existing 12-meter-high limestone hill as its foundation and core.

Later you will be transferred to **Grand Aton Hotel** for check-in. Dinner at hotel. Overnight in Minya.

Tuesday, March 071 Beni Hassan Tombs / Tell el Amarna.

Meals Included: Breakfast / Lunch / Dinner.

We visit some of the best examples of Middle Kingdom private tombs at **Beni Hassan** including those of the nomarchs (provincial rulers) of the area. The walls of the rock-cut tombs are covered with colorful scenes of industry, sports, hunting, and autobiographical texts.

We continue to **Tell el Amarna**, the city of Akhenaton and Nefertiti, where we visit the remains of the Aton temple and the palace, and the private tombs of the officials with their scenes of the life in the city and images of Akhenaten and his family.

Return to hotel and enjoy the remainder of the evening at your leisure. Dinner at the Grand Aton hotel. Overnight in Minya.

Wednesday, March 081 Tuna El Gebel/el Ashmunein

Meals Included: Breakfast / Lunch / Dinner.

Checkout after breakfast.

This morning we visit the western-most of the boundary stelae of Akhenaten's city Akhetaten. Rock cut statues of the family stand by a long text that describes the foundation of the city.

We continue our drive south to **Tuna el Gebel** where we see the temple-tombs of Petosiris (4th century BC) and Isadora (2nd century AD), along with the Ibis catacombs that contain millions of ibis mummies given as votive offerings to the god Thoth.

Our next stop is **el Ashmunein**, ancient Egyptian *Khmun* ("8-town"), named for the group of eight deities (the ogdoad) who represented the world at creation. It was the main cult

center of Thoth, the god of healing and of wisdom. In the Graeco-Roman era it was known as Hermopolis after Hermes, the Greek name for the Egyptian god Thoth. Here we visit the ruins of a temple of Amunhotep III with its colossal statues of baboons and the Graeco-Roman agora.

Later you will be transferred to **Sohag Hotel** for check-in. Dinner at hotel. Overnight in Sohag.

Thursday, March 091 Athribis / White Monastery/ Red Monastery

Meals Included: Breakfast / Lunch / Dinner.

Checkout after breakfast.

This morning we head to **Athribis**, the site of a temple dedicated to the goddess Repyt (Triphis) constructed under the reign of Ptolemy XV Caesarian and later Roman emperors.

We continue to the 5th century **Red Monastery** (Deir al Ahmar). Since 2003, ARCE has undertaken a massive conservation project of its sanctuary and the nave with its spectacular paintings of saints and the Holy Family which, until ARCE's intervention, were almost completely obscured by centuries of soot. We meet with Dr. Nicholas Warner, the project director, who will tell us about the project.

After lunch at the Red Monastery, we visit another ARCE project, the **White Monastery** (Deir al-Abyad), also from the 5th century AD. Named for the color of its masonry, the monastery was built by the Coptic saint Shenouda using chunks of white limestone taken from local pharaonic temples.

Drive to Abydos and check in at **House of Life Hotel in Sohag.** Dinner at hotel. Overnight in Abydos.

Friday, March 10 Abydos/ Dendera

Meals Included: Breakfast / Lunch / Dinner.

Checkout after breakfast.

Meet your guide in the lobby and drive to **Abydos**, where we tour the temple of Seti I at Abydos, the walls of which are carved with some of the most beautiful reliefs in all of Egypt showing the rituals that were enacted in the temple.

We drive south to the temple of Hathor at **Dendera**, one of the best-preserved Ptolemaic temples. The temple has recently been conserved, revealing the brightly painted astronomical ceilings.

Later you will be transferred to Steigenberger Hotel for check-in. Dinner at hotel. Overnight in Luxor.

Saturday, March 111 Luxor, West Bank

Meals Included: Breakfast / Lunch / Dinner.

We spend the day on the west bank at Luxor, exploring the New Kingdom tombs and temples. We see the **Colossi of Memnon**, the remains of the vast temple of Amenhotep III (Dynasty 18), and **Medinet Habu**, the walled complex of Ramesses III (Dynasty 19), where we meet with members of the University of Chicago team who will tell us about their work.

We continue to the **Valley of the Queens** that served as the burial site of queens and some royal children of the 19th and 20th Dynasties (1292–1075 BC). Our visit includes the **tomb of Nofertari**, the chief wife of Ramesses the Great that is famed for its paintings of the queen before the gods.

After lunch at the charming Marsam restaurant with a view of the ruins, we continue to the **Valley of the Kings** to visit the rock cut tombs of New Kingdom pharaohs including of Ramesses VI and Tutankhamun. We meet with the project director of one of the conservation projects. We make a stop at the **house of Howard Carter** who discovered the tomb of Tutankhamun. The house has recently been conserved and restored by ARCE.

Return to hotel and enjoy the remainder of the evening at your leisure. Dinner on your own Overnight in Luxor at the Steigenberger Hotel.

Sunday, March 12 Luxor, West Bank

Meals Included: Breakfast / Lunch / Dinner.

We continue our exploration of the west bank to visit several ARCE projects. The first is the **Qurna Site Improvement Project** (2011–2014) that was developed in response to the demolition of the village of Sheikh Abd el Qurna and el Khokha, and the economic crisis that followed the 2011 Egyptian Revolution. ARCE managed a site presentation project, clearing debris, creating pathways, and opening groups of tombs to visitors. The project was also designed to employ hundreds of locals who were left unemployed when tourism paused following the 2011 revolution.

We also visit the **tomb of Menna** (Dynasty 18) to see the beautiful wall paintings that were conserved, documented, and published by ARCE.

Lunch at hotel

Return to hotel and enjoy the remainder of the evening at your leisure. Dinner and overnight in Luxor at the Steigenberger Hotel.

Monday, March 131 Karnak Temple / Luxor Temple / Luxor Museum.

Meals Included: Breakfast / Lunch / Dinner.

Checkout after breakfast.

We spend the day on the east bank, exploring the great temple of Amun. We approach the Karnak temple via the newly restored Avenue of Sphinxes. Of special interest is the **Khonsu Temple** dedicated to the son of Amun and Mut. There we see the ARCE site management and conservation projects to clean the wall reliefs and repair the flooring and roof blocks. We also visit the ARCE conservation laboratory near the temple where ARCE staff explains the scope of their work.

We have lunch on board our ship the Farah. After lunch we visit the impressive Luxor **Museum** that features objects from the immediate area. Afterward, we tour the Luxor **Temple**, the home of the god Amun and site of rituals of the king's rejuvenation.

Tea at the Club Lounge in board the Farah.Cocktail reception this evening on the Farah.Dinner on board.Overnight on board the Farah.

<u>Tuesday, March 14] Dier el Medinah / Hatshepsut Temple / Ramesseum Temple.</u>

Meals Included: Breakfast / Lunch / Dinner.

We return to the west bank to continue our exploration of the funerary monuments. Our first stop is **Deir el Medina**, the town that housed the workers and craftsmen who built the tombs in the Valleys of the Kings and Queens. We walk through the village and visit some of the small rock-cut tombs with their brightly painted religious scenes.

We continue to the **Temple of Queen Hatshepsut** at Deir el Bahri. Hatshepsut (Dynasty 18) was the most significant of Egypt's female rulers. Her terraced temple is most famous for the scenes of her trade mission to the land of Punt on the Red Sea. The temple was a focus of New Kingdom festivals, and it continued to be a place of pilgrimage into the Christian era. We then visit the **Ramesseum**, the temple of Ramses the Great (Dynasty 19), the pylons of which are decorated with scenes of the battle of Kadesh. A ruined colossal statue of the king in the first court is thought to have inspired Shelley's poem "Ozymandias."

This afternoon, we sail to Edfu via Esna. Lunch on board.

Captain's Welcome Cocktail Party, this evening. Dinner on board. Overnight in Edfu.

Wednesday, March 151 Temple of Edfu / Temples of Kom Ombo.

Meals Included: Breakfast / Lunch / Dinner

We start our morning with a horse-drawn carriage ride to the **Temple of Horus** at Edfu. Of special interest are the reliefs that record the "Triumph of Horus" showing the battles of Horus and Seth.

After our visit, we sail to Kom Ombo. Lunch on board.

This afternoon, we visit the **Temple of Kom Ombo** dedicated to the hawk-headed god Horweris and the crocodile god Sobek.

After our visit, we sail to Aswan.

Dinner on board the Farah followed by a Galabeya Party.

Overnight in Aswan in board the Farah.

Thursday, March 161 Philae Temple / High Dam / Unfinished Obelisk.

Meals Included: Breakfast / Lunch / Dinner.

We begin our tour with a visit to the High Dam that was competed in 1970. We then take small boats to the Temple of Isis on Philae Island. The temple was dismantled and moved during the Nubian Salvage Project. We also visit the **Unfinished Obelisk** of Hatshepsut, which would have been the tallest known obelisk, but it was left in the quarry when it cracked. It gives us the clearest idea how such monuments were made.

Lunch on board the Farah. Afternoon felucca ride on the Nile by around **Kitchener's Island.**

Dinner on board the Farah, followed by a Nubian Folkloric show.

Overnight in Aswan in board the Farah.

Friday, March 17] Disembarkation / Kalabsha Temple / Nubian Museum.

Meals Included: Breakfast / Lunch / Dinner.

Disembarkation after breakfast.

We visit the Kalabsha Temple, built by Roman emperor Augustus. The temple was dedicated to the Nubian deity Mandulis. During the Nubian salvage project it was moved to a new location, as were the Temple of Beit el-Wali (Ramses II, Dynasty 19) (dedicated to the gods Amun and Anukis), the charming Kiosk of Qertassi, and remains of the temple of Gerf Hussein, all of which we will see.

Lunch at a local restaurant

After lunch at our hotel, we visit the very fine **Nubian Museum**, housed in an Aga Khan award-winning Nubian-influenced building. The exhibits feature painting, sculptures, weapons, pottery, textiles, and utensils that document more than 6,000 years of Nubian history.

Dinner at 1902 Restaurant at the Sofitel Legend Old Cataract Hotel. Overnight in Aswan at the Legend Cataract Hotel

Saturday, March 181 Abu Simbel Excursion / Fly to Cairo.

Meals Included: Breakfast / Lunch / Dinner.

This morning we fly to Abu Simbel to see the rock-cut temples of Ramesses the Great and his wife Nofertari (Dynasty 19). The Great Temple is dedicated to Amun-Ra, Ra-Horakhty, Ptah, and Ramesses. Threatened by flooding after the construction of the Aswan High Dam, the temples were cut apart and relocated above the level of the new lake. Return to Abu Simbel Airport for your domestic flight to Cairo via Aswan. Our representative will help you with all the departure procedures in Abu Simbel and arrival procedures in Cairo.

Light lunch at Abu Simbel airport.

Upon arrive Cairo airport; you will meet our representative for your private transfer to the Intercontinental City Stars hotel for check-in.

Enjoy the remainder of the evening at your leisure.

Dinner at the Intercontinental City Stars hotel. Overnight in Cairo at the Intercontinental City Stars hotel.

Sunday, March 19| Final Departure.

Meals Included: Breakfast.

Buffet breakfast at the hotel or breakfast box. (depending on your flight time) Check out after breakfast.

Meet our representative at the lobby for your private transfer to Cairo Airport Our representative will help you with all the departure procedures and formalities.

End of our services, wish you a nice trip

Payment Information

City	Hotel/Cruise	Dates	Nights	Category
Cairo	Marriott Omar Khayyam	March 02 – March 06	4	Nile view rooms
Minya	Grand Aton	March 06 – March 08	2	Nile view rooms
Sohag	Coral Cruise	March 08 – March 09	1	Standard rooms
Abydos	House of Life	March 09 – March 10	1	Standard rooms
Luxor	Steignberger	March 10 – March 13	3	Nile view rooms
Cruise	Farah	March 13 – March 17	4	Deluxe Cabins
Aswan	Old Cataract	March 17 – March 18	1	Luxury Nile view rooms
Cairo	Intercontinental City Stars	March 18 – March 19	1	Deluxe rooms
Rates	•			

	20 paying passengers
Per person in double	USD 8,630.00
Single Supplement	USD 1,325.00

In case you booked an early flight on March 02, arriving Cairo before the check in time, you are requested to book an extra night at the Marriott Omar Khayyam so you can check in upon arrival (check in time at hotel 02:00PM):

Extra night at Marriott Omar Khayyam from March 01 - 02

Nile view room	\$ 105.00	Per person per night in twin
	\$ 180.00	Per person per night in single

Rate includes:

- All accommodation based on double occupancy per itinerary with breakfast daily
- All meals as shown in itinerary (B, L, D)
- Vehicle for group arrival and departure transfers on the first and last days of the program
- Land transportation per program by private coach
- All sightseeing and excursions, including entrance fees per program
- Private English-speaking guide throughout program
- Services of a professional Egitalloyd Tour Manager throughout the land tour program
- Flights within Egypt (Aswan/Abu Simbel/Aswan-Aswan/Cairo) on Economy class
- Water provided in bus during all visits transfers and all included meals
- Baggage handling at all hotels and airports, where available
- Contribution to ARCE
- Tipping for Guide, Egitalloyd Tour Manager, hotels, Nile cruise, restaurants, drivers

Rate excludes:

• International airfare between the U.S and the start and the end point of the trip

- Individual arrival and departure airport transfers
- Pre- or post-tour services
- Egypt entry visa fees
- Medical and trip interruption insurance; evacuation costs.
- Food or beverages not included in group meals.
- Items of a personal nature such as laundry, alcohol, telephone expenses, excess package fees, photo/video expenses inside sightseeing or museums (where allowed)
- Other items not expressly listed as included
- Visit permissions for ARCE expeditions or any expenses related the visit
- Travel insurance for medical AND political reasons

Important Notes:

Prices are based on a minimum group size of twenty paying passengers and are subject to increases if the number of paying passengers is fewer than twenty

Payment Schedule & Cancellation Policy

Payment Schedule

٠	\$750 Deposit	Per person	Due on Confirmation
٠	Final Payment	Per person	Due 16 weeks before departure

Cancellation Policy

- 0% Cancellation fees From 16 weeks to 12 weeks before departure
 - (Less \$300.00 Per person handling fee)
- 35% Cancellation fees From 12 weeks to 8 weeks before departure
 - 55% Cancellation fees From 8 weeks to 6 weeks before departure
 - 75% Cancellation fees From 6 weeks to 3 weeks before departure
- 100% Cancellation fees Any cancelation from 21 days before departure

A full refund will apply in case of "Force Majeure"

Force Majeure is identified as acts of God, war and revolution, acts of terrorism preventing travel to Egypt, natural disasters happening within Egypt and not outside the country.

Payment through bank wire transfer for **DEPOSITS & FINAL PAYMENTS**

Please find below Egitalloyd bank details and contact information:

Account name:	Egitalloyd Travel		
Bank name:	Export Development Bank of Egypt		
Address:	71 Mesadak street, Dokki		
	Giza – Egypt - Post code: 12311		
Account Number:	16258		
Swift:	EXDEEGCXXXX		
IBAN #	EG540061008502020001625801021		
Phone:	+202-33-386-810		

Payment by Credit card for DEPOSITS & FINAL PAYMENTS (Visa & Mastercard ONLY)

• 3% to be added to the per person rate (Credit card fees)

- <u>Needed:</u>
 - Credit Card holder name
 - > Cell phone number
 - Email address

For inquiries and to reserve your place on this tour, please call (703) 721-3470 or email Rebekah Atol at <u>ratol@arce.org</u>, **Hisham El-Sebai at** <u>hisham@egitalloyd.com</u> To participate, individuals must be members of ARCE in good standing.